Bicycle

A **bicycle**, also called a **bike** or **cycle**, is a <u>human-powered</u> or <u>motor-powered</u>, <u>pedal-driven</u>, <u>single-track</u> <u>vehicle</u>, having two <u>wheels</u> attached to a <u>frame</u>, one behind the other. A bicycle rider is called a cyclist, or bicyclist.

Bicycles were introduced in the 19th century in Europe, and by the early 21st century, more than 1 billion were in existence. [1][2][3] These numbers far exceed the number of cars, both in total and ranked by the number of individual models produced. [4][5][6] They are the principal means of transportation in many regions. They also provide a popular form of recreation, and have been adapted for use as children's toys, general fitness, military and police applications, courier services, bicycle racing, and bicycle stunts.



The most popular bicycle model—and most popular vehicle of any kind in the world—is the Chinese Flying Pigeon, with about 500 million produced.[1]

The basic shape and configuration of a typical <u>upright</u> or "safety <u>bicycle</u>", has changed little since the first <u>chain-driven</u> model was developed around 1885. [7][8][9] However, many details have been improved, especially since the advent of <u>modern materials</u> and <u>computer-aided design</u>. These have allowed for a proliferation of specialized designs for many types of cycling.



Classic bell of a bicycle

The bicycle's invention has had an enormous effect on society, both in terms of culture and of advancing modern industrial methods. Several components that eventually played a key role in the development of the automobile were initially invented for use in the bicycle, including <u>ball bearings</u>, <u>pneumatic tires</u>, <u>chain-driven</u> sprockets and tension-spoked wheels. [10]

Although bike and cycle are used interchangeably to refer mostly to two types of two-wheelers the terms still vary across the world. In India for example a cycle refers only to a two-wheeler using pedal power whereas the term bike is used to describe a two-wheeler using <u>internal combustion engine</u> or <u>electric motors</u> as a source of motive power instead of motorcycle/motorbike.

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Etymology

The word *bicycle* first appeared in English print in <u>The Daily News</u> in 1868, to describe "Bysicles and trysicles" on the "Champs Elysées and Bois de Boulogne". The word was first used in 1847 in a French publication to describe an unidentified two-wheeled vehicle, possibly a carriage. The design of the bicycle was an advance on the <u>velocipede</u>, although the words were used with some degree of overlap for a time. $\frac{[11][12]}{[11][12]}$

Other words for bicycle include "bike", $\underline{^{[13]}}$ "pushbike", $\underline{^{[14]}}$ "pedal cycle", $\underline{^{[15]}}$ or "cycle". $\underline{^{[16]}}$ In $\underline{\text{Unicode}}$, the $\underline{\text{code point}}$ for "bicycle" is 0x1F6B2. The $\underline{\text{entity}}$ 🚲 in $\underline{\text{HTML}}$ produces $\underline{\&}$.

History

The "dandy horse", also called Draisienne or Laufmaschine, was the first human means of transport to use only two wheels in tandem and was invented by the German Baron Karl von Drais. It is regarded as the first bicycle, but it did not have pedals; [18][19][20][21] Drais introduced it to the public in Mannheim in 1817 and in Paris in 1818. [22][23] Its rider sat astride a wooden frame supported by two inline wheels and pushed the vehicle along with his or her feet while steering the front wheel. [22]



Michaux's son on a velocipede 1868

The first mechanically-propelled, two-wheeled vehicle may have been built by <u>Kirkpatrick MacMillan</u>, a Scottish blacksmith, in 1839, although



Wooden <u>draisine</u> (around 1820), the first two-wheeler and as such the archetype of the bicycle

the claim is often disputed. [24] He is also associated with the first recorded instance of a cycling traffic offense, when a Glasgow newspaper in 1842 reported an accident in which an anonymous "gentleman from Dumfries-shire... bestride a velocipede... of ingenious design" knocked over a little girl in Glasgow and was fined five shillings. [25]

In the early 1860s, Frenchmen <u>Pierre Michaux</u> and <u>Pierre Lallement</u> took bicycle design in a new direction by adding a mechanical <u>crank</u> drive

with pedals on an enlarged front wheel (the <u>velocipede</u>). This was the first in mass production. Another French inventor named Douglas Grasso had a failed prototype of Pierre Lallement's bicycle several years earlier. Several inventions followed using rear-wheel drive, the best known being the rod-driven velocipede by Scotsman <u>Thomas McCall</u> in 1869. In that same year, bicycle wheels with wire spokes were patented by <u>Eugène Meyer</u> of Paris. The French *vélocipède*, made of iron and wood, developed into the "penny-farthing" (historically known as an "ordinary bicycle", a <u>retronym</u>, since there was then no other kind). It featured a tubular steel frame on which were mounted wire-spoked wheels with solid rubber tires. These bicycles were difficult to ride due to their high seat and poor <u>weight distribution</u>. In 1868 Rowley Turner, a sales agent of the Coventry Sewing Machine Company (which soon became the <u>Coventry Machinists Company</u>), brought a Michaux cycle to <u>Coventry</u>, England. His uncle, Josiah Turner, and business partner <u>James Starley</u>, used this as a basis for the 'Coventry Model' in what became Britain's first cycle factory. [28]

The dwarf ordinary addressed some of these faults by reducing the front wheel diameter and setting the seat further back. This, in turn, required gearing—effected in a variety of ways—to efficiently use pedal power. Having to both pedal and steer via the front wheel remained a problem. Englishman J.K. Starley (nephew of James Starley), J.H. Lawson, and Shergold solved this problem by introducing the chain drive (originated by the unsuccessful "bicyclette" of Englishman Henry Lawson), [29] connecting the framemounted cranks to the rear wheel. These models were known as safety bicycles, dwarf safeties, or upright bicycles for their lower seat height and better weight distribution, although without pneumatic tires the ride of the smaller-wheeled bicycle would be much rougher than that of the larger-wheeled variety. Starley's 1885 Rover, manufactured in Coventry[30] is usually described as the first recognizably modern bicycle. [31] Soon the *seat tube* was added, creating the modern bike's double-triangle diamond frame.



1886 Rover safety bicycle at the British Motor Museum. The first modern bicycle, it featured a rear-wheel-drive, chain-driven cycle with two similar-sized wheels. Dunlop's pneumatic tire was added to the bicycle in 1888.



<u>John Boyd Dunlop</u> on a bicycle c. 1915

Further innovations increased comfort and ushered in a second <u>bicycle craze</u>, the 1890s *Golden Age of Bicycles*. In 1888, Scotsman <u>John Boyd Dunlop</u> introduced the first practical pneumatic tire, which soon became universal. <u>Willie Hume</u> demonstrated the supremacy of Dunlop's tyres in 1889, winning the tyre's first-ever races in Ireland and then England. <u>Soon after</u>, the rear <u>freewheel</u> was developed, enabling the rider to coast. This refinement led to the 1890s invention of <u>coaster brakes</u>. <u>Dérailleur gears</u> and hand-operated <u>Bowden cable</u>-pull brakes were also developed during these years, but were only slowly adopted by casual riders.

The <u>Svea Velocipede</u> with vertical pedal arrangement and <u>locking hubs</u> was introduced in 1892 by the Swedish engineers <u>Fredrik Ljungström</u> and <u>Birger Ljungström</u>. It attracted attention at the <u>World Fair</u> and was produced in a few thousand units.

In the 1870s many <u>cycling clubs</u> flourished. They were popular in a

time when there were not cars on the market and the principal mode of transportation was <u>horse-drawn vehicles</u>, such the <u>horse and buggy</u> or the <u>horsecar</u>. Among the earliest clubs was <u>The Bicycle Touring Club</u>, which has operated since 1878. By the turn of the century, cycling clubs flourished on both sides of the Atlantic, and touring and racing became widely popular. The <u>Raleigh Bicycle Company</u> was founded in Nottingham, England in 1888. It became the biggest bicycle manufacturing company in the world, making over two million bikes per year. [35]

Bicycles and horse buggies were the two mainstays of private transportation just prior to the automobile, and the grading of smooth roads in the late 19th century was stimulated by the widespread advertising, production, and use of these devices. [9] More than 1 billion bicycles have been manufactured worldwide as of the early



Cyclists' Touring Club sign on display at the National Museum of Scotland

21st century. [1][2][3] Bicycles are the most common vehicle of any kind in the world, and the most numerous model of any kind of vehicle, whether human-powered or motor vehicle, is the Chinese Flying Pigeon, with numbers exceeding 500 million. [1] The next most numerous vehicle, the Honda Super Cub motorcycle, has more than 100 million units made, [36] while most produced car, the Toyota Corolla, has reached 44 million and counting. [4][5][6][37]









on unpaved road, ordinary USA. late Century

Women on bicycles A penny-farthing or The 19th photographed in the Fredrik Škoda Auto museum in Czech Republic

bicycle Velocipede and Birger the Ljungström, exhibited the at Swedish National Museum of Science and Technology

Svea Bicycle in Plymouth, by England at the start Ljungström of the 20th century



Man with a bicycle in Glengarry County, Ontario. **[between** 1895 and 1910].

Uses

From the beginning and still today, bicycles have been and are employed for many uses. In a utilitarian way, bicycles are used for transportation, bicycle commuting, and utility cycling. It can be used as a 'work horse', used by mail carriers, paramedics, police, messengers, and general delivery services. Military uses of bicycles include communications, reconnaissance, troop movement, supply of provisions, and patrol. See also: bicycle infantry.

The bicycle is also used for recreational purposes, such as bicycle touring, mountain biking, physical fitness, and play. Bicycle competition includes racing, BMX racing, track racing, criterium, roller racing, sportives and time trials. Major multi-stage professional events are the Giro d'Italia, the Tour de France, the Vuelta a España, the Tour de Pologne, and the Volta a Portugal.

Bikes can be used for entertainment and pleasure, such as in organised mass rides, artistic cycling and freestyle BMX.

Technical aspects

The bicycle has undergone continual adaptation and improvement since its inception. These innovations have continued with the advent of modern materials and computer-aided design, allowing for a proliferation of specialized bicycle types, improved <u>bicycle safety</u>, and riding comfort.

Types



A man riding an electric bicycle

Firefighter bicycle

Bicycles can be categorized in many different ways: by function, by number of riders,

by general construction, by gearing or by means of propulsion. The more common types include utility bicycles, mountain bicycles, racing bicycles, touring bicycles, hybrid bicycles, cruiser bicycles, and BMX bikes. Less common are tandems, low riders, tall bikes, fixed gear, folding models, amphibious bicycles, freight bicycles, recumbents and electric bicycles.

<u>Unicycles</u>, <u>tricycles</u> and <u>quadracycles</u> are not strictly bicycles, as they have respectively one, three and four wheels, but are often referred to informally as "bikes" or "cycles".

Dynamics

A bicycle stays upright while moving forward by being steered so as to keep its <u>center of mass</u> over the wheels. [38] This steering is usually provided by the rider, but under certain conditions may be provided by the bicycle itself. [39]

The combined center of mass of a bicycle and its rider must lean into a turn to successfully navigate it. This lean is induced by a method known as countersteering, which can be performed by the rider turning the handlebars directly with the hands [40] or indirectly by leaning the bicycle. [41]

Short-wheelbase or tall bicycles, when braking, can generate enough stopping force at the front wheel to flip longitudinally. The act of purposefully using this force to lift the rear wheel and balance on the front without tipping over is a trick known as a stoppie, endo, or front wheelie.

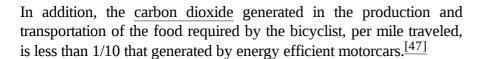


A cyclist leaning in a turn

Performance

The bicycle is extraordinarily efficient in both biological and mechanical terms. The bicycle is the most efficient human-powered means of transportation in terms of energy a person must expend to travel a given distance. From a mechanical viewpoint, up to 99% of the energy delivered by the rider into the pedals is transmitted to the wheels, although the use of gearing mechanisms may reduce this by 10-15%. In terms of the ratio of cargo weight a bicycle can carry to total weight, it is also an efficient means of cargo transportation.

A human traveling on a bicycle at low to medium speeds of around 16–24 km/h (10–15 mph) uses only the power required to walk. Air drag, which is proportional to the square of speed, requires dramatically higher power outputs as speeds increase. If the rider is sitting upright, the rider's body creates about 75% of the total drag of the bicycle/rider combination. Drag can be reduced by seating the rider in a more aerodynamically streamlined position. Drag can also be reduced by covering the bicycle with an aerodynamic fairing. The fastest recorded unpaced speed on a flat surface is 144.18 km/h (89.59 mph)[46]



Parts

Frame

The great majority of modern bicycles have a frame with upright seating that looks much like the first chain-driven bike. [7][8][9] These upright bicycles almost always feature the *diamond frame*, a <u>truss</u> consisting of two triangles: the front triangle and the rear triangle. The front triangle consists of the head tube, top tube, down tube, and seat tube. The head tube contains the <u>headset</u>, the set of bearings that allows the <u>fork</u> to turn smoothly for steering and balance. The top tube connects the head tube to the seat tube at the top, and the down tube connects the head tube to the <u>bottom bracket</u>. The rear triangle consists of the seat tube and paired chain stays and seat stays. The





Balance bicycle for young children



Diagram of a bicycle

chain stays run parallel to the <u>chain</u>, connecting the bottom bracket to the rear <u>dropout</u>, where the axle for the rear wheel is held. The seat stays connect the top of the seat tube (at or near the same point as the top tube) to the rear fork ends.



A Triumph with a step-through frame

Historically, women's bicycle frames had a top tube that connected in the middle of the seat tube instead of the top, resulting in a lower standover height at the expense of compromised structural integrity, since this places a strong bending load in the seat tube, and bicycle frame members are typically weak in bending. This design, referred to as a <u>step-through frame</u> or as an *open frame*, allows the rider to mount and dismount in a dignified way while wearing a skirt or dress. While some women's bicycles continue to use this frame style, there is also a variation, the <u>mixte</u>, which splits the top tube laterally into two thinner top tubes that bypass the seat tube on each side and connect to the rear fork ends. The ease of stepping through is also appreciated by those with limited flexibility or other joint problems. Because of its

persistent image as a "women's" bicycle, step-through frames are not common for larger frames.

Step-throughs were popular partly for practical reasons and partly for social mores of the day. For most of the history of bicycles' popularity women have worn long skirts, and the lower frame accommodated these better than the top-tube. Furthermore, it was considered "unladylike" for women to open their legs to mount and

dismount—in more conservative times women who rode bicycles at all were vilified as immoral or immodest. These practices were akin to the older practice of riding horse sidesaddle.

Another style is the <u>recumbent bicycle</u>. These are inherently more aerodynamic than upright versions, as the rider may lean back onto a support and operate pedals that are on about the same level as the seat. The world's fastest bicycle is a recumbent bicycle but this type was banned from competition in 1934 by the <u>Union Cycliste Internationale.^[48]</u>

Historically, materials used in bicycles have followed a similar pattern as in aircraft, the goal being high strength and low weight. Since the late 1930s alloy steels have been used for frame and fork tubes in higher quality machines. By the 1980s aluminum welding techniques had improved to the point that aluminum tube could safely be used in place of steel. Since then aluminum alloy frames and other components have become popular due to their light weight, and most mid-range bikes are now principally aluminum alloy of some kind. More expensive bikes use carbon fibre due to its significantly lighter weight and profiling ability, allowing designers to make a bike both stiff and compliant by manipulating the lay-up. Virtually all professional racing bicycles now use carbon fibre frames, as they have the best strength to weight ratio. A typical modern carbon fiber frame can weighs less than 1 kilogram (2.2 lb).



A carbon fiber $\underline{\mathsf{Trek}}$ Y-Foil from the late 1990s

Other exotic frame materials include <u>titanium</u> and advanced alloys. <u>Bamboo</u>, a natural <u>composite material</u> with high strength-to-weight ratio and <u>stiffness^[49]</u> has been used for bicycles since 1894. Recent versions use bamboo for the primary frame with glued metal connections and parts, priced as exotic models. [50][51][52]

Drivetrain and gearing

The *drivetrain* begins with pedals which rotate the <u>cranks</u>, which are held in axis by the bottom bracket. Most bicycles use a chain to transmit power to the rear wheel. A very small number of bicycles use a shaft drive to transmit power, or special belts. Hydraulic bicycle transmissions have been built, but they are currently inefficient and complex.

Since cyclists' legs are most efficient over a narrow range of pedaling speeds, or <u>cadence</u>, a variable <u>gear ratio</u> helps a cyclist to maintain an optimum pedalling speed while covering varied terrain. Some, mainly utility, bicycles use <u>hub gears</u> with between 3 and 14 ratios, but most use the generally more efficient dérailleur system, by which the chain



A $\underline{\text{bicycle with shaft drive}}$ instead of a chain

is moved between different cogs called chainrings and sprockets to select a ratio. A dérailleur system normally has two dérailleurs, or mechs, one at the front to select the <u>chainring</u> and another at the back to select the sprocket. Most bikes have two or three chainrings, and from 5 to 11 sprockets on the back, with the number of theoretical gears calculated by multiplying front by back. In reality, many gears overlap or require the chain to run diagonally, so the number of usable gears is fewer.

An alternative to chaindrive is to use a synchronous belt. These are toothed and work much the same as a chain—popular with commuters and long distance cyclists they require little maintenance. They can't be shifted across a cassette of sprockets, and are used either as single speed or with a hub gear.

<u>Different gears and ranges of gears</u> are appropriate for different people and styles of cycling. Multi-speed bicycles allow gear selection to suit the circumstances: a cyclist could use a high gear when cycling downhill, a medium gear when cycling on a flat road, and a low gear when cycling uphill. In a lower gear every turn of the pedals leads to fewer rotations of the rear wheel. This allows the energy required to move the same distance to be distributed over more pedal turns, reducing fatigue when riding uphill, with a heavy load, or against strong winds. A higher gear allows a cyclist to make fewer pedal turns to maintain a given speed, but with more effort per turn of the pedals.

With a *chain drive* transmission, a *chainring* attached to a crank drives the chain, which in turn rotates the rear wheel via the rear sprocket(s) (cassette or freewheel). There are four gearing options: two-speed hub gear integrated with chain ring, up to 3 chain rings, up to 11 sprockets, hub gear built into rear wheel (3-speed to 14-speed). The most common options are either a rear hub or multiple chain rings combined with multiple sprockets (other combinations of options are possible but less common).

A set of rear sprockets (also known as a cassette) and a derailleur



Hub gear

Steering



Bicycle grips made of leather. Anatomic shape distributes weight over <u>palm area</u> to prevent Cyclist's palsy (Ulnar syndrome)^[53]

The <u>handlebars</u> connect to the <u>stem</u> that connects to the fork that connects to the front wheel, and the whole assembly connects to the bike and rotates about the steering axis via the

headset bearings. Three styles of handlebar are common. *Upright handlebars*, the norm in Europe and elsewhere until the 1970s, curve gently back toward the rider, offering a natural grip and comfortable upright position. *Drop handlebars* "drop" as they curve forward and down, offering the cyclist best braking power from a more aerodynamic "crouched" position, as well as more upright positions in which the hands grip the brake lever mounts, the forward curves, or the upper flat sections for increasingly upright postures. Mountain

bikes generally feature a 'straight handlebar' or 'riser bar' with varying degrees of sweep backwards and centimeters rise upwards, as well as wider widths which can provide better handling due to increased leverage against the wheel.

Seating



A Selle San Marco saddle designed for women

<u>Saddles</u> also vary with rider preference, from the cushioned ones favored by short-distance riders to narrower saddles which allow more room for leg swings. Comfort depends on riding position. With comfort bikes and hybrids, cyclists sit high over the seat, their weight directed down onto the saddle, such that a wider and more cushioned saddle is preferable. For racing bikes where the rider is bent over, weight is more evenly distributed between the handlebars and saddle, the hips are flexed, and a narrower and harder saddle is more efficient. Differing saddle designs exist for male and female cyclists, accommodating the genders' differing anatomies and sit bone width

measurements, although bikes typically are sold with saddles most appropriate for men. Suspension seat posts and seat springs provide comfort by absorbing shock but can add to the overall weight of the bicycle.

A recumbent bicycle has a reclined <u>chair-like seat</u> that some riders find more comfortable than a saddle, especially riders who suffer from certain types of seat, back, neck, shoulder, or wrist pain. Recumbent bicycles may have either under-seat or over-seat steering.

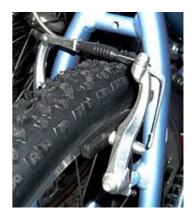
Brakes

Bicycle brakes may be rim brakes, in which friction pads are compressed against the wheel rims; hub brakes, where the mechanism is contained within the wheel hub, or disc brakes, where pads act on a rotor attached to the hub. Most road bicycles use rim brakes, but some use disk brakes. Disc brakes are more common for mountain bikes, tandems and recumbent bicycles than on other types of bicycles, due to their increased power, coupled with an increased weight and complexity. [55]



A front disc brake, mounted to the fork and hub

With hand-operated brakes, force is applied to brake levers mounted on the handlebars and transmitted via Bowden cables or hydraulic lines to the friction pads, which apply pressure to the braking surface, causing friction which slows the bicycle down. A rear hub brake may



Linear-pull brake, also known by the <u>Shimano</u> trademark: V-Brake, on rear wheel of a mountain bike

be either hand-operated or pedal-actuated, as in the back pedal *coaster* brakes which were popular in North America until the 1960s.

<u>Track bicycles</u> do not have brakes, because all riders ride in the same direction around a track which does not necessitate sharp deceleration. Track riders are still able to slow down because all track bicycles are

fixed-gear, meaning that there is no freewheel. Without a freewheel, coasting is impossible, so when the rear wheel is moving, the cranks are moving. To slow down, the rider applies resistance to the pedals, acting as a braking system which can be as effective as a conventional rear wheel brake, but not as effective as a front wheel brake. [56]

Suspension

Bicycle suspension refers to the system or systems used to *suspend* the rider and all or part of the bicycle. This serves two purposes: to keep the wheels in continuous contact with the ground, improving control, and to isolate the rider and luggage from jarring due to rough surfaces, improving comfort.

Bicycle suspensions are used primarily on mountain bicycles, but are also common on hybrid bicycles, as they can help deal with problematic vibration from poor surfaces. Suspension is especially important on recumbent bicycles, since while an upright bicycle rider can stand on the pedals to achieve some of the benefits of suspension, a recumbent rider cannot.

Basic mountain bicycles and hybrids usually have front suspension only, whilst more sophisticated ones also have rear suspension. Road bicycles tend to have no suspension.

Wheels and tires

The wheel axle fits into fork ends in the frame and fork. A pair of wheels may be called a wheelset, especially in the context of ready-built "off the shelf", performance-oriented wheels.

Tires vary enormously depending on their intended purpose. <u>Road bicycles</u> use tires 18 to 25 millimeters wide, most often completely smooth, or <u>slick</u>, and inflated to high pressure to roll fast on smooth surfaces. Off-road tires are usually between 38 and 64 mm (1.5 and 2.5 in) wide, and have treads for gripping in muddy conditions or metal studs for ice.

Accessories

Some components, which are often optional accessories on sports bicycles, are standard features on utility bicycles to enhance their usefulness, comfort, safety and visibility. fenders with spoilers (mudflaps)^[57] protect the cyclist and moving parts from spray when riding through wet areas. In Germany, fenders are called (Mudguards). The chainguards protect clothes from oil on the chain while preventing clothing from being caught between the chain and crankset teeth. Kick stands keep bicycles upright when parked, and bike locks deter theft. Front-mounted baskets, front or rear luggage carriers or racks, and panniers mounted above either or both wheels can be used to carry equipment or cargo. Pegs can be fastened to one, or both of the wheel hubs to either help the rider perform certain tricks, or allow a place for extra riders to stand, or rest. Parents sometimes add rear-mounted child seats, an auxiliary saddle fitted to



Touring bicycle equipped with front and rear <u>racks</u>, fenders (called mudguards), water bottles in <u>cages</u>, four panniers and a handlebar bag

the crossbar, or both to transport children. Bicycles can also be fitted with a hitch to tow a <u>trailer</u> for carrying cargo, a child, or both.

<u>Toe-clips</u> and toestraps and <u>clipless pedals</u> help keep the foot locked in the proper pedal position and enable cyclists to pull and push the pedals. Technical accessories include <u>cyclocomputers</u> for measuring speed, distance, heart rate, GPS data etc. Other accessories include <u>lights</u>, reflectors, mirrors, racks, trailers, bags, water bottles and <u>cages</u>, and <u>bell</u>. Bicycle lights, reflectors, and helmets are required by law in some geographic regions depending on the legal code. It is more common to see bicycles with bottle generators, dynamos, lights, fenders, racks and bells in Europe. Bicyclists also have specialized form fitting and high visibility clothing.

Children's bicycles may be outfitted with cosmetic enhancements such as $\underline{\text{bike horns}}$, streamers, and $\underline{\text{spoke}}$ beads. $\underline{^{[60]}}$ Training wheels are sometimes used when learning to ride.

<u>Bicycle helmets</u> can reduce injury in the event of a collision or accident, and a suitable helmet is legally required of riders in many jurisdictions. Helmets may be classified as an accessory [59] or as an item of clothing. [61]

<u>Bike trainers</u> are used to enable cyclists to cycle while the bike remains stationary. They are frequently used to warm up before races or indoors when riding conditions are unfavorable. [62]

Standards

A number of formal and industry standards exist for bicycle components to help make spare parts exchangeable and to maintain a minimum product safety.

The <u>International Organization for Standardization</u> (ISO) has a special technical committee for cycles, TC149, that has the scope of "Standardization in the field of cycles, their components and accessories with particular reference to terminology, testing methods and requirements for performance and safety, and interchangeability".

The <u>European Committee</u> for Standardization (CEN) also has a specific Technical Committee, TC333, that defines European standards for cycles. Their mandate states that EN cycle standards shall harmonize with <u>ISO</u> <u>standards</u>. Some CEN cycle standards were developed before ISO published their standards, leading to strong European influences in this area. European cycle standards tend to describe minimum safety requirements, while ISO standards have historically harmonized parts geometry. [63]

Maintenance and repair

Like all devices with mechanical moving parts, bicycles do require a certain amount of regular maintenance and replacement of worn parts. A bicycle is relatively simple compared with a car, so some cyclists choose to do at least part of the maintenance themselves. Some components are easy to handle using relatively simple tools, while other components may require specialist manufacturer-dependent tools.

Many bicycle components are available at several different price/quality points; manufacturers generally try to keep all components on any particular bike at about the same quality level, though at the very cheap end of the market there may be some skimping on less obvious components (e.g. bottom bracket).

- There exist several hundred assisted-service Community Bicycle Organizations worldwide. [64] At a Community Bicycle Organization, <u>laypeople</u> bring in bicycles needing repair or maintenance; volunteers teach them how to do the required steps.
- Full service is available from bicycle mechanics at a local bike shop.
- In areas where it is available, some cyclists purchase roadside assistance from companies such as the Better World Club or the American Automobile Association.

Maintenance

The most basic maintenance item is keeping the tires correctly inflated; this can make a noticeable difference as to how the bike feels to ride. Bicycle tires usually have a marking on the side wall indicating the pressure appropriate for that tire. Note that bicycles use much higher pressures than cars: car tires are normally in the range 30 to 40 pounds per square inch while bicycle tires are normally in the range 60 to 100 pounds per square inch.

Another basic maintenance item is regular lubrication of the chain and pivot points for derailleurs and brakes. Most of the bearings on a modern bike are sealed and grease-filled and require little or no attention; such bearings will usually last for 10,000 miles or more.

The chain and the brake blocks are the components which wear out most quickly, so these need to be checked from time to time (typically every 500 miles or so). Most local bike shops will do such checks for free. Note that when a chain becomes badly worn it will also wear out the rear cogs/cassette and eventually the chain ring(s), so replacing a chain when only moderately worn will prolong the life of other components.

Over the longer term, tires do wear out (2000 to 5000 miles); a rash of punctures is often the most visible sign of a worn tire.

Repair

Very few bicycle components can actually be repaired; replacement of the failing component is the normal practice.

The most common roadside problem is a puncture. After removing the offending nail/tack/thorn/glass shard/etc. there are two approaches: either mend the puncture by the roadside, or replace the inner tube and then mend the puncture in the comfort of home. Some brands of tires are much more puncture resistant than others, often incorporating one or more layers of Kevlar; the downside of such tires is that they may be heavier and/or more difficult to fit and remove.

Tools

There are specialized bicycle tools for use both in the shop and on the road. Many cyclists carry tool kits. These may include a tire patch kit (which, in turn, may contain any combination of a hand pump or CO₂ Pump, tire levers, spare tubes, self-adhesive patches, or tube-patching material, an adhesive, a piece of sandpaper or a metal grater (for roughing the tube surface to be patched), Special, thin wrenches are often required for maintaining various screw fastened parts, specifically, the frequently lubricated ball-bearing "cones". [65][66] and sometimes even a block of French chalk.), wrenches, hex keys, screwdrivers, and a chain tool. There are also cycling specific multitools that combine many of these implements into a single compact device. More specialized bicycle components may require more complex tools, including proprietary tools specific for a given manufacturer.



Puncture repair kit with tire levers, <u>sandpaper</u> to clean off an area of the inner tube around the puncture, a tube of rubber solution (vulcanizing fluid), round and oval patches, a metal grater and piece of chalk to make chalk powder (to dust over excess rubber solution). Kits often also include a wax crayon to mark the puncture location.

Social and historical aspects

The bicycle has had a considerable effect on human society, in both the cultural and industrial realms.

In daily life

Around the turn of the 20th century, bicycles reduced crowding in inner-city tenements by allowing workers to commute from more spacious dwellings in the suburbs. They also reduced dependence on horses. Bicycles allowed people to travel for leisure into the country, since bicycles were three times as energy efficient as walking and three to four times as fast.

In built-up cities around the world, <u>urban planning</u> uses <u>cycling infrastructure</u> like bikeways to reduce <u>traffic congestion</u> and air pollution. A number of cities around the world have implemented schemes known as <u>bicycle sharing systems</u> or community bicycle programs. The first of these was the White Bicycle plan in <u>Amsterdam</u> in 1965. It was followed by yellow bicycles in <u>La Rochelle</u> and green bicycles in Cambridge. These initiatives complement public transport systems and offer an alternative to motorized traffic to help reduce congestion and pollution. In Europe, especially in the Netherlands and parts of Germany and Denmark, bicycle commuting is common. In Copenhagen, a cyclists' organization runs a Cycling Embassy that promotes biking for commuting and sightseeing. The United Kingdom has a tax break scheme (IR 176) that allows employees to buy a new bicycle tax free to use for commuting.

In the <u>Netherlands</u> all train stations offer free bicycle parking, or a more secure parking place for a small fee, with the larger stations also offering bicycle repair shops. Cycling is so popular that the parking capacity may be exceeded, while in some places such as Delft the capacity is usually exceeded. In <u>Trondheim</u> in Norway, the <u>Trampe bicycle lift</u> has been developed to encourage cyclists by giving assistance on a steep hill. Buses in many cities have bicycle carriers mounted on the front.

There are towns in some countries where <u>bicycle culture</u> has been an integral part of the landscape for generations, even without much official support. That is the case of Ílhavo, in Portugal.

In cities where bicycles are not integrated into the public transportation system, commuters often use bicycles as elements of a <u>mixed-mode commute</u>, where the bike is used to travel to and from train stations or other forms of rapid transit. Some students who commute several miles drive a car from home to a campus parking lot, then ride a bicycle to class. <u>Folding bicycles</u> are useful in these scenarios, as they are less cumbersome when carried aboard. Los Angeles removed a small amount of seating on some trains to make more room for bicycles and wheel chairs. [73]



Urban cyclists in <u>Copenhagen</u> in Denmark at a traffic light

Some US companies, notably in the <u>tech sector</u>, are developing both innovative cycle designs and cycle-friendliness in the workplace. <u>Foursquare</u>, whose CEO <u>Dennis Crowley</u> "pedaled to pitch meetings ... [when he] was raising money from <u>venture capitalists</u>" on a two-wheeler, chose a new location for its New York headquarters "based on where biking would be easy". Parking in the office was also integral to HQ planning. Mitchell Moss, who runs the <u>Rudin Center</u> for Transportation Policy & Management at New York University, said in 2012: "Biking has become the mode of choice for the educated high tech worker". [74]

Bicycles offer an important mode of transport in many developing countries. Until recently, bicycles have been a staple of everyday life throughout Asian countries. They are the most frequently used method of transport for commuting to work, school, shopping, and life in general. In Europe, bicycles are commonly used. They also offer a degree of exercise to keep individuals healthy.

Bicycles are also celebrated in the visual arts. An example of this is the <u>Bicycle Film Festival</u>, a film festival hosted all around the world.

Poverty alleviation

Experiments done in Uganda, Tanzania, and Sri Lanka on hundreds of households have shown that a bicycle can increase a poor family's income as much as 35%. [77][78][79] Transport, if analyzed for the costbenefit analysis for rural poverty alleviation, has given one of the best returns in this regard. For example, road investments in India were a staggering 3–10 times more effective than almost all other investments and subsidies in rural economy in the decade of the 1990s. What a road does at a macro level to increase transport, the bicycle supports at the micro level. The bicycle, in that sense, can be an important poverty-eradication tool in poor nations.



Men in Uganda using a bicycle to transport bananas

Female emancipation

The safety bicycle gave women unprecedented mobility, contributing to their emancipation in Western nations. As bicycles became safer and cheaper, more women had access to the personal freedom that bicycles embodied, and so the bicycle came to symbolize the New Woman of the late 19th century, especially in Britain and the United States. [8][81] The bicycle craze in the 1890s also led to a movement for so-called rational dress, which helped liberate women from corsets and ankle-length skirts and other restrictive garments, substituting the then-shocking bloomers.

The bicycle was recognized by 19th-century feminists and <u>suffragists</u> as a "freedom machine" for women. American <u>Susan B. Anthony</u> said in a <u>New York World</u> interview on 2 February 1896: "I think it has done more to emancipate woman than any one thing in the world. I rejoice every time I see a woman ride by on a wheel. It gives her a feeling of self-reliance and independence the moment she takes her seat; and away she goes, the picture of untrammelled womanhood." [82]:859 In 1895 <u>Frances Willard</u>, the tightly laced president of the <u>Woman's Christian Temperance Union</u>, wrote *A Wheel Within a Wheel: How I Learned to Ride the Bicycle*, with Some Reflections by

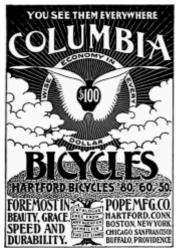


"Let go – but stand by"; Frances Willard learning to ride a bicycle. [80]

the Way, a 75-page illustrated memoir praising "Gladys", her bicycle, for its "gladdening effect" on her health and political optimism. [80] Willard used a cycling metaphor to urge other suffragists to action. [80]

In 1985, Georgena Terry started the first women-specific bicycle company. Her designs featured frame geometry and wheel sizes chosen to better fit women, with shorter top tubes and more suitable reach.[1] (https://velojoy.com/2012/07/04/6-questions-for-womens-bicycling-pioneer-georgena-terry/)

Economic implications



<u>Columbia Bicycles</u> advertisement from 1886

<u>Bicycle manufacturing</u> proved to be a training ground for other industries and led to the development of advanced metalworking techniques, both for the frames themselves and for special components such as <u>ball bearings</u>, <u>washers</u>, and sprockets. These techniques later enabled skilled metalworkers and mechanics to develop the components used in early automobiles and aircraft.

<u>Wilbur and Orville Wright</u>, a pair of businessmen, ran the <u>Wright Cycle Company</u> which designed, manufactured and sold their bicycles during the bike boom of the 1890s. [83]

They also served to teach the industrial models later adopted, including mechanization and mass production (later copied and adopted by Ford and General Motors), [84][85][86] vertical integration[85] (also later copied and adopted by Ford), aggressive advertising[87] (as much as 10% of all advertising in U.S. periodicals in 1898 was by bicycle makers), [88] lobbying for better roads (which had the side benefit of acting as advertising, and of improving sales by providing more places to ride), [86] all first practiced by

Pope. [86] In addition, bicycle makers adopted the annual model change (later derided as planned obsolescence, and usually credited to General Motors), which proved very successful. [90]

Early bicycles were an example of <u>conspicuous consumption</u>, being adopted by the fashionable elites. [91][92][93][84][94][95][96][97] In addition, by serving as a platform for accessories, which could ultimately cost more than the bicycle itself, it paved the way for the likes of the Barbie doll. [84][98][99]

Bicycles helped create, or enhance, new kinds of businesses, such as bicycle messengers, [100] traveling seamstresses, [101] riding academies, [102] and racing rinks. [103][102] Their board tracks were later adapted to early motorcycle and automobile racing. There were a variety of new inventions, such as spoke tighteners, [104] and specialized lights, [99][104] socks and shoes, [105] and even cameras, such as the Eastman Company's Poco. [106] Probably the best known and most widely used of these inventions, adopted well beyond cycling, is Charles Bennett's Bike Web, which came to be called the jock strap. [107]

They also presaged a move away from public transit^[108] that would explode with the introduction of the automobile.

J. K. Starley's company became the Rover Cycle Company Ltd. in the late 1890s, and then simply the <u>Rover Company</u> when it started making cars. <u>Morris Motors</u> Limited (in <u>Oxford</u>) and <u>Škoda</u> also began in the bicycle business, as did the <u>Wright brothers</u>. [109] Alistair Craig, whose company eventually emerged to become the engine manufacturers <u>Ailsa Craig</u>, also started from manufacturing bicycles, in Glasgow in March 1885.

In general, U.S. and European cycle manufacturers used to assemble cycles from their own frames and components made by other companies, although very large companies (such as Raleigh) used to make almost every part of a bicycle (including bottom brackets, axles, etc.) In recent years, those bicycle makers have greatly changed their methods of production. Now, almost none of them produce their own frames.



A man uses a bicycle to carry goods in Ouagadougou, Burkina Faso

Many newer or smaller companies only design and market their products; the actual production is done by Asian companies. For example, some 60% of the world's bicycles are now being made in China. Despite this shift in production, as nations such as China and India become more wealthy, their own use of bicycles has declined due to the increasing affordability of cars and motorcycles. One of the major reasons for the proliferation of Chinese-made bicycles in foreign markets is the lower cost of labor in China.

In line with the European financial crisis, in Italy in 2011 the number of bicycle sales (1.75 million) just passed the number of new car sales. [112]

Environmental impact

One of the profound economic implications of bicycle use is that it liberates the user from oil consumption. (Ballantine, 1972) The bicycle is an inexpensive, fast, healthy and environmentally friendly mode of transport. Ivan Illich stated that bicycle use extended the usable physical environment for people, while alternatives such as cars and motorways degraded and confined people's environment and mobility. [113] Currently, two billion bicycles are in use around the world. Children, students, professionals, laborers, civil servants and seniors are pedaling around their communities. They all experience the freedom and the natural opportunity for exercise that the bicycle easily provides. Bicycle also has lowest carbon intensity of travel. [114]

Religious implications

The proper <u>Islamic bicycle</u> for the Iranian women is a topic of heated discussion in both Sunni and Shia Islam. [115][116][117]

Manufacturing



Bicycles in Utrecht, Netherlands

The global bicycle market is \$61 billion in 2011. [118] As of 2009 130 million bicycles were sold every year globally and 66% of them were made in China. [119]

EU28 Bicycle market 2000–2014^[120]

Year production (M) sales (M) 2000 14.531 18.945 2001 13.009 17.745 2002 12.272 17.840 2003 12.828 20.206 2004 13.232 20.322 2005 13.218 20.912 2006 13.320 21.033 2007 13.086 21.344 2008 13.246 20.206 2009 12.178 19.582 2010 12.241 20.461 2011 11.758 20.039 2012 11.537 19.719 2013 11.360 19.780 2014 11.939 20.234	Lozo Bicycle market 2000 2014						
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EU28 Bicycle market 2014^[120]

Country	Production (M)	Parts	Sales (M)	Avg	Sales (M€)
Italy	2.729	491 M€	1.696	288	488.4
Germany	2.139	286 M€	4.100	528	2164.8
Poland	.991	58 M€	1.094	380	415.7
Bulgaria	.950	9 M€	.082	119	9.8
The Netherlands	.850	85 M€	1.051	844	887
Romania	.820	220 M€	.370	125	46.3
Portugal	.720	120 M€	.340	160	54.4
France	.630	170 M€	2.978	307	914.2
Hungary	.370	10 M€	.044	190	8.4
Spain	.356	10 M€	1.089	451	491.1
Czech Republic	.333	85 M€	.333	150	50
Lithuania	.323	0	.050	110	5.5
Slovakia	.210	9 M€	.038	196	7.4
Austria	.138	0	.401	450	180.5
Greece	.108	0	.199	233	46.4
Belgium	.099	35 M€	.567	420	238.1
Sweden	.083	0	.584	458	267.5
Great Britain	.052	34 M€	3.630	345	1252.4
Finland	.034	32 M€	.300	320	96
Slovenia	.005	9 M€	.240	110	26.4
Croatia	0	0	.333	110	36.6
Cyprus	0	0	.033	110	3.6
Denmark	0	0	.470	450	211.5
Estonia	0	0	.062	190	11.8
Ireland	0	0	.091	190	17.3
Latvia	0	0	.040	110	4.4
Luxembourg	0	0	.010	450	4.5
Malta	0	0	.011	110	1.2
EU 28	11.939	1662 M€	20.234	392	7941.2

Legal requirements

Early in its development, as with <u>automobiles</u>, there were restrictions on the operation of bicycles. Along with advertising, and to gain free publicity, Albert A. Pope litigated on behalf of cyclists. [86]

The 1968 <u>Vienna Convention on Road Traffic</u> of the United Nations considers a bicycle to be a vehicle, and a person controlling a bicycle (whether actually riding or not) is considered an operator. The traffic codes of many countries reflect these definitions and demand that a bicycle satisfy certain legal requirements before it

can be used on public roads. In many <u>jurisdictions</u>, it is an offense to use a bicycle that is not in a roadworthy condition.

In most jurisdictions, bicycles must have functioning front and rear lights when ridden after dark. As some generator or <u>dynamo</u>-driven lamps operate only while moving, rear <u>reflectors</u> are frequently also mandatory. Since a moving bicycle makes little noise, some countries insist that bicycles have a warning bell for use when approaching pedestrians, equestrians, and other cyclists, though sometimes a <u>car horn</u> can be used when a 12 volt battery is available.

Some countries require child and/or adult cyclists to wear helmets, as this may protect riders from head trauma. Countries which require adult cyclists to wear helmets include Spain, New Zealand and Australia. Mandatory helmet wearing is one of the most controversial topics in the cycling world, with proponents arguing that it reduces head injuries and thus is an acceptable requirement, while opponents argue that by making cycling seem more dangerous and cumbersome, it reduces cyclist numbers on the streets, creating an overall negative health effect (fewer people cycling for their own health, and the remaining cyclists being more exposed through a reversed safety in numbers effect). [121]

Theft

Bicycles are popular targets for theft, due to their value and ease of resale. [122] The number of bicycles stolen annually is difficult to quantify as a large number of crimes are not reported. [123] Around 50% of the participants in the Montreal International Journal of Sustainable Transportation survey were subjected to a bicycle theft in their lifetime as active cyclists. [124] Most bicycles have serial numbers that can be recorded to verify identity in case of theft. [125]

See also

- Bicycle and motorcycle geometry
- Bicycle-sharing system
- List of bicycle types
- Outline of bicycles
- Outline of cycling
- World Bicycle Day

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 - ISO 4210 Cycles Safety requirements for bicycles
 - ISO 6692 Cycles Marking of cycle components
 - <u>ISO 6695</u> Cycles Pedal axle and crank assembly with square end fitting Assembly dimensions
 - ISO 6696 Cycles Screw threads used in bottom bracket assemblies
 - ISO 6697 Cycles Hubs and freewheels Assembly dimensions
 - <u>ISO 6698</u> Cycles Screw threads used to assemble freewheels on bicycle hubs
 - ISO 6699 Cycles Stem and handlebar bend Assembly dimensions
 - ISO 6701 Cycles External dimensions of spoke nipples
 - ISO 6742 Cycles Lighting and retro-reflective devices Photometric and physical requirements
 - ISO 8090 Cycles Terminology (same as BS 6102-4)
 - ISO 8098 Cycles Safety requirements for bicycles for young children
 - <u>ISO 8488</u> Cycles Screw threads used to assemble head fittings on bicycle forks
 - ISO 8562 Cycles Stem wedge angle
 - ISO 10230 Cycles Splined hub and sprocket Mating dimensions
 - ISO 11243 Cycles Luggage carriers for bicycles Concepts, classification and testing

Other ISO Technical Committees have published various cycle relevant standards, for example:

- ISO 5775 Bicycle tire and rim designations
- <u>ISO 9633</u> Cycle chains Characteristics and test methods Published cycle standards from CEN TC333 include:
- EN 14764 City and trekking bicycles Safety requirements and test methods
- EN 14765 Bicycles for young children Safety requirements and test methods
- EN 14766 Mountain-bicycles Safety requirements and test methods
- EN 14781 Racing bicycles Safety requirements and test methods
- EN 14782 Bicycles Accessories for bicycles Luggage carriers
- EN 15496 Cycles Requirements and test methods for cycle locks

Yet to be approved cycle standards from CEN TC333:

<u>EN 15194</u> Cycles – Electrically power assisted cycles (<u>EPAC</u> bicycle)

- EN 15532 Cycles Terminology
- 00333011 Cycles Bicycles trailers safety requirements and test methods
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Further reading

Max Glaskin, <u>Cycling Science: How Rider and Machine Work Together (http://www.press.uchicago.edu/ucp/books/book/chicago/C/bo14350452.html)</u> 2013, <u>University of Chicago Press</u>, ISBN 978-0-226-92187-7

Raymond Huttier. Le roman de la bicyclette, du célérifère au vélo moderne. (Bicycle history)
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External links

- A range of Traffic Advisory Leaflets (http://www.dft.gov.uk/pgr/roads/tpm/tal/cyclefacilities/) produced by the UK Department for Transport covering cycling.
- A History of Bicycles and Other Cycles (https://web.archive.org/web/20140916100955/http://www.sciencetech.technomuses.ca/english/collection/cycles.cfm) at the Canada Science and Technology Museum

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